



October Coalition Meeting

Cleveland Public Library

Friday, October 11, 2019

9:30am-11:30am

Welcome and Introductions



Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start



In 2012,
38,000
children ages 0-5
spent time in
early learning
environments in
Cuyahoga County.



On average, young children spend
32 hours
a week
in an early
learning
environment.



Five year olds
who have a healthy
weight are
4 times
less likely
to become obese teens
than five year olds
who are overweight.



Children who
are healthy are
more likely to be
ready for
school and
**ready to
learn!**



Our mission:

To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.



EARLY AGES HEALTHY STAGES



CUYAHOGA
COUNTY
EARLY
CHILDHOOD
WELLNESS
PLAN



www.earlyageshealthystages.org

EAHS Strategic Plan
can be found at:

www.earlyageshealthystages.org

OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.

Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.

EAHS Updates

- Meeting registration is now included on the EAHS events calendar in the event you have issues with our Mailchimp emails

Recap of September's Meeting

- Shayla resigned from her position. Her last day was 8/30. CCBH staff will be filling in under the position is filled. The job posting is set to be released on October 18th.
- We explored opportunities with the Tri-C Community Health Worker program and connections to early childhood
 - 130 hour field experience is part of the program
- Working groups convened

Things We Did Well - September

- Small group but made good progress
- Love all of the additions to the website
- Many attendees
- Learning about opportunities with Tri-C and new resources
- Meeting flowed well
- Productive working group session; appreciate the folder prep

Things You Ask that We Improve Upon

- More meeting attendees
- More discussion after the presentation to talk more about how it relates the work and the opportunities that we should consider
- Working group still not consistent; some groups are too small
- Need a CHW to assist with each working group

Kenneth Redd

Library Assistant,
Outreach

Ohio Library for the Blind
and Physically Disabled



Today's Task

- In our working groups:
 - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
 - What do we need to know about the action and progress of your working group?
 - Thoughts on EAHS lead recommendations?

2019 Meeting Information

Friday, November 8, 2019

Host - Sisters of Charity Foundation

William Patrick Day

2421 Community College Avenue

Cleveland, OH 44115

Friday, December 13, 2019

Cuyahoga County Board of Health

5550 Venture Drive

Parma, OH 44130

EAHS Social Media Platforms

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.org

