



## Early Ages Healthy Stages Coalition September Meeting Minutes

Date: September 13, 2019

Time: 9:30 am- 11:30 am

Location: Tri-C Corporate College East

<b>I. Welcome and Introductions</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Welcome's and Introduction</li> <li>• Today's Agenda:               <ul style="list-style-type: none"> <li>○ Review of August's Meeting</li> <li>○ Staff transition</li> <li>○ Opportunities to leverage community health workers presentation</li> <li>○ Working Groups</li> </ul> </li> <li>• Things we did well in August: Dedicating the entire meeting to one topic allowed for a rich discussion; generating a set of talking points will allow for collaboration across working groups and organizations</li> <li>• EAHS Communications update: For those folks that are having difficulty receiving our Mailchimp communications – everything is now posted to the EAHS website, including the registration link for all EAHS meetings.</li> </ul>
<b>Conclusion/ Actions</b>	<ul style="list-style-type: none"> <li>• Welcome to our first time attendees!</li> <li>• Please utilize the website if you have trouble receiving the Mailchimp campaigns. Communications regarding the coalition go out almost every Thursday.</li> <li>• The EAHS grant coordinator position will be posted on October 18<sup>th</sup>. Please share with your networks as appropriate.</li> </ul>

<b>II. Presentation: Marquita Rockamore, Tri-C Corporate College East</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Cuyahoga Community College is the oldest community college in the State of Ohio. Tri-C's goal is to provide high quality, accessible, and affordable opportunities and services. The Workforce, Community, and Economic Development Division works in partnership with local businesses to provide short-term job training programs that result in students being able to earn a livable wage upon completion of their training program.</li> </ul>

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	<ul style="list-style-type: none"> <li>• The Health Industry Solutions Department provides healthcare focused training programs that last from 4-6 months in length in addition to customized business solutions and professionalism training to ensure that graduates are ready for the workforce.</li> <li>• The Community Health Worker (CHW) Program was created to increase the number of frontline workers that have deep roots in the community and can work with individuals and families to increase health knowledge and individual skills. CHW's increase an individual or families capacity and access to community resources to improve overall quality of life. The CHW program has a 130 field experience requirement in which a CHW can be placed at an organization.</li> <li>• CHW opportunities with EAHS: serve ECE programs to provide family support for community resources; assist with messaging and communications around early childhood health; increase coalition membership and capacity.</li> </ul>
<b>Conclusion/ Actions</b>	<ul style="list-style-type: none"> <li>• Each working group is going to consider ways in which a CHW could be helpful in advancing the work of the strategic plan.</li> <li>• Handouts and presentation will be posted to the EAHS website.</li> </ul>

<b>III. Working Groups</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Each working group met to generate their action oriented agenda around their goals and objectives.</li> <li>• Each working group was also provide a draft of the ECE related lead call to action points for review and feedback.</li> </ul>
<b>Conclusion/ Actions</b>	<p>Each working group wants the coalition to know:</p> <p><b>Active Play</b></p> <ul style="list-style-type: none"> <li>• Physical activity kits were distributed to 5 Cleveland Public Library sites and 2 kits to the East Cleveland Public Library.</li> <li>• The physical activity cards are being revised. Once this is complete the kits will go into circulation for use by families, caregivers, providers, and after-school programs.</li> <li>• Begin working with the Cuyahoga County Public Library system to establish physical activity kit sites within the library system.</li> </ul> <p><b>Family Engagement</b></p> <ul style="list-style-type: none"> <li>• The group attended the Be My Neighbor Day event and interacted with 425 folks. EAHS healthy family checklists and other educational materials were distributed.</li> <li>• The group is supporting Ideastream's new ECE council, focusing on ACE's for the first year. In particular, focusing on ECE professional development and parent education programs.</li> </ul> <p><b>Health Care Access</b></p> <ul style="list-style-type: none"> <li>• Coordinating a CHW forum in April 2020.</li> <li>• Beginning to populate a CHW resource guide that will be posted to the EAHS website.</li> <li>• New group co-facilitator: Marquita Rockamore. Thank you Chiquieta for your</li> </ul>

	<p>leadership to date!</p> <p><b>Healthy Eating</b></p> <ul style="list-style-type: none"> <li>• Nutrition resource market is scheduled for 10/24. The working group is requesting assistance from members to advertise the event to ensure a good turnout from providers.</li> <li>• Another round of garden grants will be released in October!</li> <li>• CCBH has been in contact with the USDA regarding guidance on how CACFP funds can be utilized to promote onsite gardening. A. Patrick will be reaching out to the Ohio Department of Education to ensure we are in compliance with our Ohio specialists before we begin working with providers to utilize the benefit.</li> </ul> <p><b>Social Emotional Health</b></p> <ul style="list-style-type: none"> <li>• We have decided on a few resources for parents, specific to toxic stress.</li> <li>• Continuing to explore options regarding trauma sensitive schools/programs for providers.</li> <li>• Looking at American Academy of Pediatrics recommendations regarding screen time.</li> </ul>
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<b>IV. Next Meeting</b>	
<b>Discussion Points</b>	<p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">October 11, 2019 9:30-11:30 am Location: Cleveland Public Library – Lakeshore Facility 17133 Lake Shore Blvd Cleveland, OH 44110</p>
<b>Upcoming Events:</b>	<ul style="list-style-type: none"> <li>• Meetings for the remainder of 2019 have been posted to the Events Pages on the EAHS website</li> <li>• We are looking for meeting hosts for 2020. Please contact Alison if you are interested in hosting or know of a space.</li> </ul>

Minutes Prepared by: Alison Patrick