



Early Ages
Healthy Stages™

Growing healthy kids right from the start.



August Coalition Meeting

Warrensville Hts

Library Friday, August 9,

2019 9:30am-11:30am

Welcome and Introductions



Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start



In 2012,
38,000
children ages 0-5
spent time in
early learning
environments in
Cuyahoga County.



On average, young children spend
32 hours
a week
in an early
learning
environment.



Five year olds
who have a healthy
weight are
4 times
less likely
to become obese teens
than five year olds
who are overweight.



Children who
are healthy are
more likely to be
ready for
school and
**ready to
learn!**



Our mission:

To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.



EARLY AGES HEALTHY STAGES



CUYAHOGA
COUNTY
EARLY
CHILDHOOD
WELLNESS
PLAN



www.earlyageshealthystages.org

**EAHS Strategic Plan can be
found at:**

www.earlyageshealthystages.org

OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.



There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



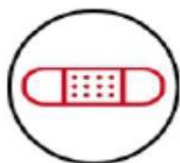
Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.

Things We Did Well

- The ability to network and connect with ours
- Better understanding of working group objectives
- Great feedback and report out from all working groups
- Rich dialogue during working group
- Progress of the work shown in working groups
- Clearer understanding of the action orientated agenda

Recap of July's Meeting

- Presentation
 - Stacey Stangel, Central State University Expanded Food and Nutrition Program (EFNEP)
- EAHS
 - Review and explanation of changes to the Action Oriented Agenda
 - RadioONE marketing package and commercial ad
- Working Groups
 - Report out of groups discussion and progress on advancing the goals and objectives

Today's Task

- Presentation: Lead Safe Cleveland Coalition
- Call To Action
- How does the Lead Safe Cleveland Ordinance 747-2019 impact our work?
 - What can we do as a coalition?

Partner Presentation

Wyonette Cheairs is a program officer for the Ohio market.

Wyonette works with stakeholders and the Lead Safe Cleveland Coalition to develop sound, collaborative policy approaches, financing solutions and a sustained landlord engagement strategy to prevent lead poisoning in Cleveland, Ohio. She serves as a conduit between the community and coalition partners.

Wyonette has developed and managed housing programs that aid in stabilizing the housing stock and repopulating urban areas while increasing homeownership opportunities for low income families. Her background includes extensive community organizing work and empowering community groups to take the lead in their community in a positive and impactful way.

2019 Meeting Information

- **Friday, September 13, 2019**

Tri-C Corporate College East
4400 Richmond Rd ROOM 238
Warrensville Heights, OH 44128

- **Friday, October 11, 2019**

Cleveland Public Library
Lake Shore Facility
17133 Lake Shore Blvd.
Cleveland, Ohio 44110

- **Friday, November 8, 2019**

TBA- Menorah Park

27100 Cedar Rd.
Beachwood, OH 44122

