



Early Ages
Healthy Stages™

Growing healthy kids right from the start.



July Coalition Meeting

CMSD East Professional Development Center

Friday, July 12, 2019

9:30am-11:30am

Welcome and Introductions



Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start



In 2012,
38,000
children ages 0-5
spent time in
early learning
environments in
Cuyahoga County.



On average, young children spend
32 hours
a week
in an early
learning
environment.



Five year olds
who have a healthy
weight are
4 times
less likely
to become obese teens
than five year olds
who are overweight.



Children who
are healthy are
more likely to be
ready for
school and
**ready to
learn!**



Our mission:

To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.



EARLY AGES HEALTHY STAGES



CUYAHOGA
COUNTY
EARLY
CHILDHOOD
WELLNESS
PLAN



www.earlyageshealthystages.org

**EAHS Strategic Plan can be
found at:**

www.earlyageshealthystages.org

OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.

Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



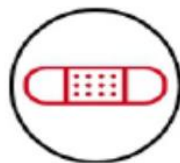
There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.

Things We Did Well

- The ability to network and connect with ours
- Better understanding of working group objectives
- Great feedback and report out from all working groups
- Rich dialogue during working group
- Progress of the work shown in working groups
- Clearer understanding of the action orientated agenda

Things You Ask that We Improve Upon

- Working together with less negativity-be positive when communicating
- Members of working groups attending consistently especially Co-Facilitators
- Providing more context on action steps- still overwhelmed with all the papers

Recap of June's Meeting

- OHP Event
 - Best day for event, what is the intent of the event?
 - Who would like to be on the committee to assist with planning?
- Presentation
 - Theresa Flood, A'Sarah Green- East Cleveland Public Library
- Working Groups
 - Healthy Eating planning Resource Market event for the community on July 24, 2019
 - Social & Emotional and Healthcare Access working together on overlap of ACE's
 - Family Engagement is attending and supporting PBS "Be My Neighbor" family engagement event on August 9, 2019.
 - Healthcare Access will be attending Forum for CHW in October

Partner Presentation

Stacey Stangel– Central State University Extension

The Expanded Food and Nutrition Education Program (EFNEP) is a nutrition education program addressing nutrition and physical activity behaviors of low-income families. Through a community-based, relationship-driven, hands-on educational approach, EFNEP has directly impacted economic, obesity, and food insecurity challenges that hinder the health and wellbeing of this nation.

Today's Task

- Review and discuss the Action Orientated Agenda changes
- Call to action : Recruitment support for Physical Activity Working Group
- In our working groups:
 - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
 - What do we need to know about the action and progress of your working group?

Action Orientated Agenda

July 2019 EAHS Meeting

Working Group:

THIS SECTION: Last month discussion information:		
SNAPSHOT OF PREVIOUS MONTH DISCUSSION:		

Snapshot will ONLY recap the topic(s) discussed from the previous month

WORKING GROUP AGENDA

THIS SECTION: Capture what was discussed today in your working group:		
Topic(s)	Who is Involved	Actions/Decisions
•		
•		
•		
•		

THIS SECTION: Summarize the above discussion and report out 3 things to share with the coalition:		
•		
•		
•		

THIS SECTION: Where you will show what your working group has accomplished in 2019:

Outcomes(s)	Agency/Agencies
•	
•	
•	
•	
•	
•	
•	

A description has been added to explain each section

2019 Meeting Information

- **Friday, August 9, 2019**

Menorah Park
27100 Cedar Rd
Beachwood, OH 44122

- **Friday, September 13, 2019**

Tri-C Corporate College East
4400 Richmond Rd ROOM 238
Warrensville Heights, OH 44128

- **Friday, October 11, 2019**

Cleveland Public Library
Lake Shore Facility
17133 Lake Shore Blvd.
Cleveland, Ohio 44110

- **Friday, November 8, 2019**

TBA- Collinwood Rec.

PARTNERSHIP WITH RADIO ONE

- 40 (30) second recorded commercials on WENZ (107.9), WZAK (93.1), WJMO (94.5/1300), WERE (1490)
- 50 (30) second commercials to promote EAHS on (WENZ or WZAK)
- Logo Inclusion on ALL social media Facebook, Twitter, WZAKCleveland.com , PraiseCleveland.com
- Event Booth at Zoo Day! –“Kids Zone”
- Four LIVE 60 second commercials from Zoo Day event to promote EAHS from 10a – 3pm

EAHS/OHP Radio Commercial

12TH ANNUAL
FAMILY DAY
AT THE **ZOO**

Z107.9
MONDAY
JULY 29
10A - 3PM

COME TO THE DANCE PARTY
UNDER THE PALAVA HUT.

REGISTER TO WIN VIP PRIZES
INCLUDING CONCERTS AND
EXCLUSIVE RADIO ONE EVENTS!

FAMILY FRIENDLY ACTIVITIES
FREE HEALTH SCREENINGS
MUSIC, FOOD AND FUN



EAHS Social Media Platforms

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.com

