



## Early Ages Healthy Stages Coalition July Meeting Minutes

Date: **July 12, 2019**

Time: 9:30 am- 11:30 am

Location: CMSD Professional Development Center

<b>I. Welcome and Introductions</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Welcome's and Introduction</li> <li>• Today's Agenda:               <ul style="list-style-type: none"> <li>○ Recap of June survey results</li> <li>○ Working Group agenda form changes</li> <li>○ Presentation: Stacey Stangel</li> <li>○ EAHS partnership with Radio- Family Zoo Day Event July, 29, 2019</li> <li>○ Working Groups</li> <li>○ Upcoming Events</li> </ul> </li> </ul>
<b>Conclusion/ Actions</b>	<ul style="list-style-type: none"> <li>• Welcome to our first time attendees!</li> <li>• Based on the survey results from June we received primarily positive feedback. The biggest concern still has been understanding the action orientated agenda intent. So the following changes were implemented: changes to the working group action orientated agenda were made to simplify intent and expectations; going forward only the previous month report-out will be summarized un the snapshot area. A description explaining what should be placed in each area has been added for more clarity. The order of the report-out and outcomes section have been switched around; outcomes are now placed at the end of the agenda.</li> <li>• EAHS has partnered with Radio ONE for EAHS promotions. We have a commercial and are listed as sponsors and partners for Radio One's Zoo event. The commercial is a one-minute promo ad that began on Saturday, July 13, 2019 and will run on three of the Radio ONE stations through August 1, 2019. The commercial was played during the meeting. EAHS will have a table for the Family Fun Day on Monday, July 29, 2019 at the Metropolitan Zoo through sponsorship with Radio One. The vent in excepted to have about 10,000 people visiting the zoo this day. We will do four 30 second live broadcast through Radio One while at the event. If there are any providers interested in speaking for one of the radio spots please contact Shayla L Davis at <a href="mailto:sdavis@ccbd.net">sdavis@ccbd.net</a> asap to secure</li> </ul>

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	<p>a live broadcast spot.</p> <ul style="list-style-type: none"> <li>• Trauma informed care train the trainer training with shared. Training will take place in Columbus in the fall. If you are interested in attending please email me at <a href="mailto:sdavis@ccbh.net">sdavis@ccbh.net</a> for training details.</li> </ul>
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<b>II. Presentation: Stacey Stangel- Expanded Food and Nutrition Program (EFNEP)</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Stacey is the program specialist with Central State University Extension Program. The program to address the concerns of food scarcity, youth development, nutrition, health, disease prevention and poverty. The mission of the program is to become a premier community-based outreach and educational program leader providing a holistic approach to improve the overall conditions facing families in rural and urban locations. They partner with local agencies, schools and community organizations to provide free classes for individuals with limited income and youth in schools where more than 50% of the population is eligible for free or reduced lunch. Expanded Food and Nutrition Program (EFNEP). The program teaches- making healthier choices, using food safety at home, strategies for stretching your food budget, food prep skills, increasing physical activity.</li> </ul>
<b>Conclusion/ Actions</b>	<ul style="list-style-type: none"> <li>• EFNEP is newer to Cuyahoga county and a great additional resource to add on to the great work they we are all already doing.</li> <li>• What can you do? <ul style="list-style-type: none"> <li>○ Tell anyone you know about EFNEP.</li> <li>○ Providers can sign up to host the classes offered free to the children and families they serve.</li> <li>○ Contact Stacey Stangel, for more details at 330-559-7731 or <a href="mailto:ssstangel@centralstate.edu">sstangel@centralstate.edu</a></li> </ul> </li> </ul>

<b>IV. Working Groups</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Working groups convened for the second half of the meeting. New members in attendance were asked to select a group of their choosing based on their personal or professional interest. Members were reminded to please remain with the same group for all of 2019. The action oriented agenda document was explained more in detail, with the updates and changes. Each working group was given a folder with the Working group members contact information, action steps and action orientated agenda's. The folders are supplied to keep working group content more organized.</li> <li>• Working groups were tasked with reporting out on the following at the end of the meeting:</li> <li>• Generate their own agenda items based on the specific objectives and action steps.</li> <li>• Report out three things that would like the larger coalition membership to know from working group discussions.</li> </ul>

<p><b>Conclusion/ Actions</b></p>	<p>Each working group wants the coalition to know:</p> <p><b>Family Engagement:</b></p> <ul style="list-style-type: none"> <li>• Be My Neighbor event planned, staffing confirmed and materials to distribute have been decided</li> <li>• ACEs need to collaborate with Shayla and the Social Emotional WG</li> <li>• ACEs need for parent education program. How does EAHS fit in with this?</li> </ul> <p><b>Healthy Eating</b></p> <ul style="list-style-type: none"> <li>• Nutrition Resource Market event flyer is finalized</li> <li>• Will work with programs to distribute information to ECE directly to help with attendance.</li> <li>• Continue reviewing farm to ECE resources from FoodTrust.</li> </ul> <p><b>Social Emotional:</b></p> <ul style="list-style-type: none"> <li>• Creating an email thread to share and exchange ACEs related content to review prior to EAHS meeting.</li> <li>• Identify websites to explore for resources for identified audiences</li> <li>• Identify key audience for ACEs material</li> </ul> <p><b>Health Care:</b></p> <ul style="list-style-type: none"> <li>• CHW forum is tentatively set for October 10<sup>th</sup>, 2019</li> <li>• Need to have working group co-facilitators present and responsive to determine how the working group will move forward</li> <li>• Finalize MOU between Tri-C and EAHS</li> </ul> <p><b>Active Play</b></p> <ul style="list-style-type: none"> <li>• Pushing date back for Physical Activity kits to be available at libraries.</li> <li>• Kits to be complete by September 1, 2019</li> <li>• Need members to show up at meetings and keep outside meeting communication</li> </ul> <p><b>If any working group schedules a meeting outside of our monthly EAHS coalition meetings or has communication via email, please notify Shayla L Davis, so that someone can plan to attend.</b></p>
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<p><b>V. Next Meeting</b></p>	
<p><b>Discussion Points</b></p>	<p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">August 9, 2019 9:30-11:30 am Location: Menorah Park 27100 Cedar Rd Beachwood, OH 44122</p> <p style="text-align: center;"><b>PARKING AND DIRECTION DETAILS WILL COME OUT WITH REGISTRATION</b></p>

<b>Upcoming Events:</b>	<ul style="list-style-type: none"><li>• Be My Neighbor Day, family engagement event: August 9, 2019. If you would like more information, please contact Denise Hallman at <a href="mailto:denise.hallman@ideastream.org">denise.hallman@ideastream.org</a></li><li>• 2nd Annual Omega Psi Phi Health Summit, Saturday, October 5, 2019 11:00am-2:00pm, If you would like more information, please contact Carlos Henderson (216) 205-6305 or <a href="mailto:chen296@gmail.com">chen296@gmail.com</a>.</li><li>• The Nutrition Resource Market for next week is being rescheduled until the fall. This event will now take place on Oct. 24 same time/same place.</li></ul>
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Minutes Prepared by: Shayla L. Davis