



Early Ages
Healthy Stages™

Growing healthy kids right from the start.



June Coalition Meeting

East Cleveland Public Library

Friday, June 14, 2019

9:30am-11:30am

Welcome and Introductions



Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start



In 2012,
38,000
children ages 0-5
spent time in
early learning
environments in
Cuyahoga County.



On average, young children spend
32 hours
a week
in an early
learning
environment.



Five year olds
who have a healthy
weight are
4 times
less likely
to become obese teens
than five year olds
who are overweight.



Children who
are healthy are
more likely to be
ready for
school and
**ready to
learn!**



Our mission:

To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.



EARLY AGES HEALTHY STAGES



CUYAHOGA
COUNTY
EARLY
CHILDHOOD
WELLNESS
PLAN



www.earlyageshealthystages.org

**EAHS Strategic Plan can be
found at:**

www.earlyageshealthystages.org

OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.



There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.



Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.

Things We Did Well

- Working Groups
 - Dialogue was rich
 - Group meeting was very helpful
 - Creating our own agenda
- BCDI Presentation
 - BCDI did a great job
 - Better understanding of the program
- Overall meeting structure
 - Better review of overall goals and approach's
 - The intro of the coalition was helpful
 - Agenda flowed well
 - Ample opportunity for networking
 - Meeting minutes send after coalition meeting are very helpful

Things You Ask that We Improve Upon

- Sound Issues for presentations *
- More time in working groups * *
 - encourage working groups to meet outside of coalition meeting
- Providing copies of objectives and action steps for working groups
- Providing context on action steps
- Better Parking

Recap of May's Meeting

- NSFW
 - Discussion around stats
 - Who is the target audience?
- Presentation
 - Katie Kohn- Urban Squash overview
 - Gloria Blevins/Ava Lucky- BCDI
- Working Groups
 - Finalized co-facilitators of each group
 - Topic(s) and discussions around objectives and action items

Partner Presentation

Theresa Flood – Deputy Director, East Cleveland Public Library

The Library is a great place to get excited about learning. It is also the place where children ages birth to twelve can experience new adventures. Ultimately, the Library's goal is to provide a great space for learning, education, and entertainment through creative programs for children.

Upcoming OHP Event

Ohio Healthy Programs Celebration Event



- For all OHP's providers, children, and families
- We need volunteers – Can you help?
- Currently scheduled for Friday Sept. 6th - is this a good time? Or should we choose Monday?

Today's Task

- In our working groups:
 - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
 - What do we need to know about the action and progress of your working group?

2019 Meeting Information

- **Friday, July 12, 2019**

CMUSD, East Professional Center
Cleveland Metropolitan School District
1349 East 79th Str.
Cleveland, Ohio 44103

- **Friday, August 9, 2019**

Menorah Park
27100 Cedar Rd
Beachwood, OH 44122

EAHS Social Media Platforms

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.com

