



Early Ages
Healthy Stages™

Growing healthy kids right from the start.



May Coalition Meeting

Urban Squash-Cleveland

Friday, May 10, 2019

9:30am-11:30am

Welcome and Introductions



Happy Mother's Day



Urban Squash Cleveland Overview

Katie Kohn-Program Director

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Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start



In 2012,
38,000
children ages 0-5
spent time in
early learning
environments in
Cuyahoga County.



On average, young children spend
32 hours
a week
in an early
learning
environment.



Five year olds
who have a healthy
weight are
4 times
less likely
to become obese teens
than five year olds
who are overweight.



Children who
are healthy are
more likely to be
ready for
school and
**ready to
learn!**



Our mission:

To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.



EARLY AGES HEALTHY STAGES



CUYAHOGA
COUNTY
EARLY
CHILDHOOD
WELLNESS
PLAN



www.earlyageshealthystages.org

**EAHS Strategic Plan can be
found at:**

www.earlyageshealthystages.org

OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.

Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.

Things We Did Well

- Working Groups
 - Dialogue was rich
 - Facilitators were on point
 - Group meeting was very helpful
- Framing of OHP
 - Theresa did a great job
 - Better understanding of the program
- Overall meeting structure
 - Well run meeting
 - The intro of the coalition was helpful

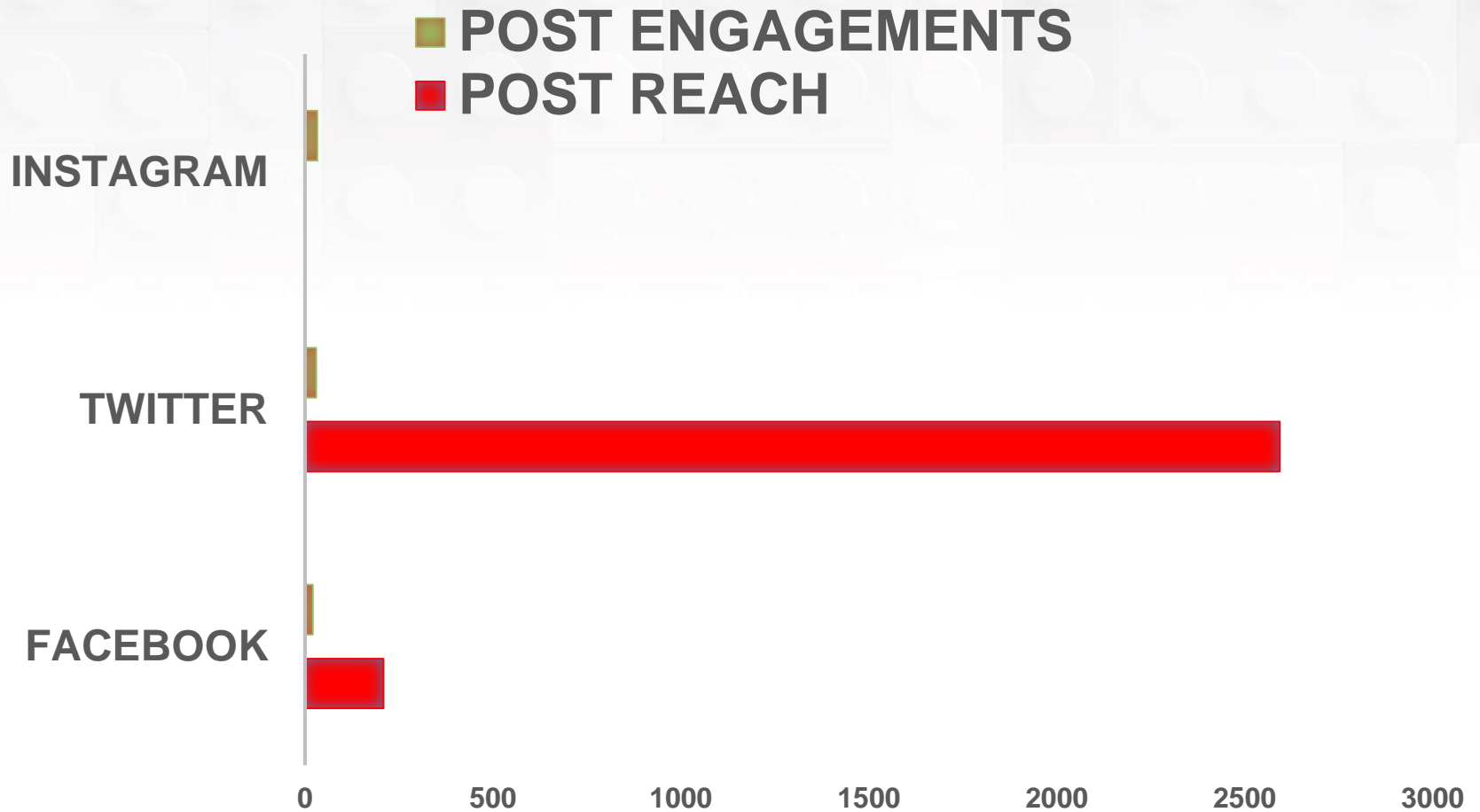
Things You Ask that We Improve Upon

- More time for working groups
- Action oriented still unclear – need more direction
- Having a specific goal got us slightly from discussing objectives – how to balance that?
- Need better directions to meeting location – specific place to park in relationship to building that the meeting was in

Recap of April's Meeting

- NSFWS
 - Social media campaign developed and shared
 - Additional resources were available on the website
- Working Groups
 - If not already done, decide on co-facilitators
 - Choose materials from Noodle Soup catalog related to each working group.
 - How each group could connect to OHP

NSFW STATS





BCDI

Black Child Development Institute

CLEVELAND

Gloria Blevins, President

Ava Lucky, Co-Vice President

Current Initiatives: Addressing Preschool Suspension
Parent—Teacher Guidance Collaborative
Delivering on the Promise

Week of the Black Child 2019 - May 13th through May 18th

Today's Task

- In our working groups:
 - Finalize co-facilitator(s) if group has not already done so
 - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
 - What do we need to know about the action and progress of your working group?

Upcoming Events

2019 Meeting Information

- **Friday, June 14, 2019**

East Cleveland Public Library
14101 Euclid Ave.
East Cleveland, OH 44112

- **Friday, July 12, 2019**

CMSD, East Professional Center
Cleveland Metropolitan School District
1349 East 79th Str.
Cleveland, Ohio 44103

- **August 9th Menorah Park**

EAHS Social Media Platforms

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.com

