



Early Ages
Healthy Stages™

Growing healthy kids right from the start.



December Coalition Meeting

CEOGC George Forbes Early Learning Center

December 14, 2018

Welcome and Introductions



Back together again!

A Look At 2018

- **May-August:** Facilitate OECHN Strategic Planning Process
- **September-** Reconvening after summer break, working groups for the five focus areas
- **October-** New Coordinator for EAHS, working groups for the five focus areas
- **November-** Tufts University presentation update, working groups for the five focus areas
- **December** – Year end celebration, annual survey



EARLY CHILDHOOD HEALTH NETWORK STRATEGIC PLAN



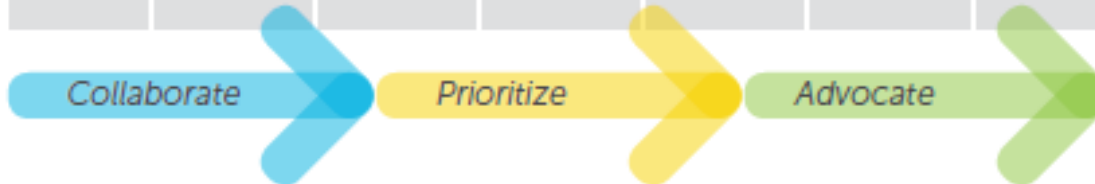
Strategic Planning Process

OECHN conducted a community-based, participatory strategic planning process that identified meaningful strategies for promoting early childhood health. The procedure was modeled after the **Strategic Prevention Framework**, a comprehensive process applied in community-based substance-abuse prevention work.

OECHN adapted the evidence-based framework to close the gap in knowledge, skills, and collaborative effort around early childhood health issues. To align with the best practices of the Framework, OECHN uses a policy, systems, and environmental (PSE) change approach.



1.	2.	3.	4.	5.	6.	7.
Build partnerships Who is involved and how?	Identify the Issue Should something be done?	Determine options What should be done?	Review feasibility Can it be done?	Develop advocacy plan How to get the idea into policy?	Implement and enforce How to make the PSE idea come alive?	Evaluate outcomes What happened? What difference did it make?





OECHN Goals and Objectives



Network Goal:

By December 31, 2022, increase the capacity of Ohio Early Childhood Health Network to support the physical and mental health needs of young children and their families, caregivers, and community stakeholders.



Pre-Service Professional Development Goal:

By December 31, 2022, providers and caregivers will increase their knowledge and skills needed to support physical and mental health of young children.



Statewide Access Initiatives Goal:

By December 31, 2022, providers and caregivers will gain increased access to resources needed to support physical and mental health of young children.



Statewide Recognition and Intervention Goal:

By December 31, 2022, increase the recognition of the importance of early childhood health to kindergarten readiness.

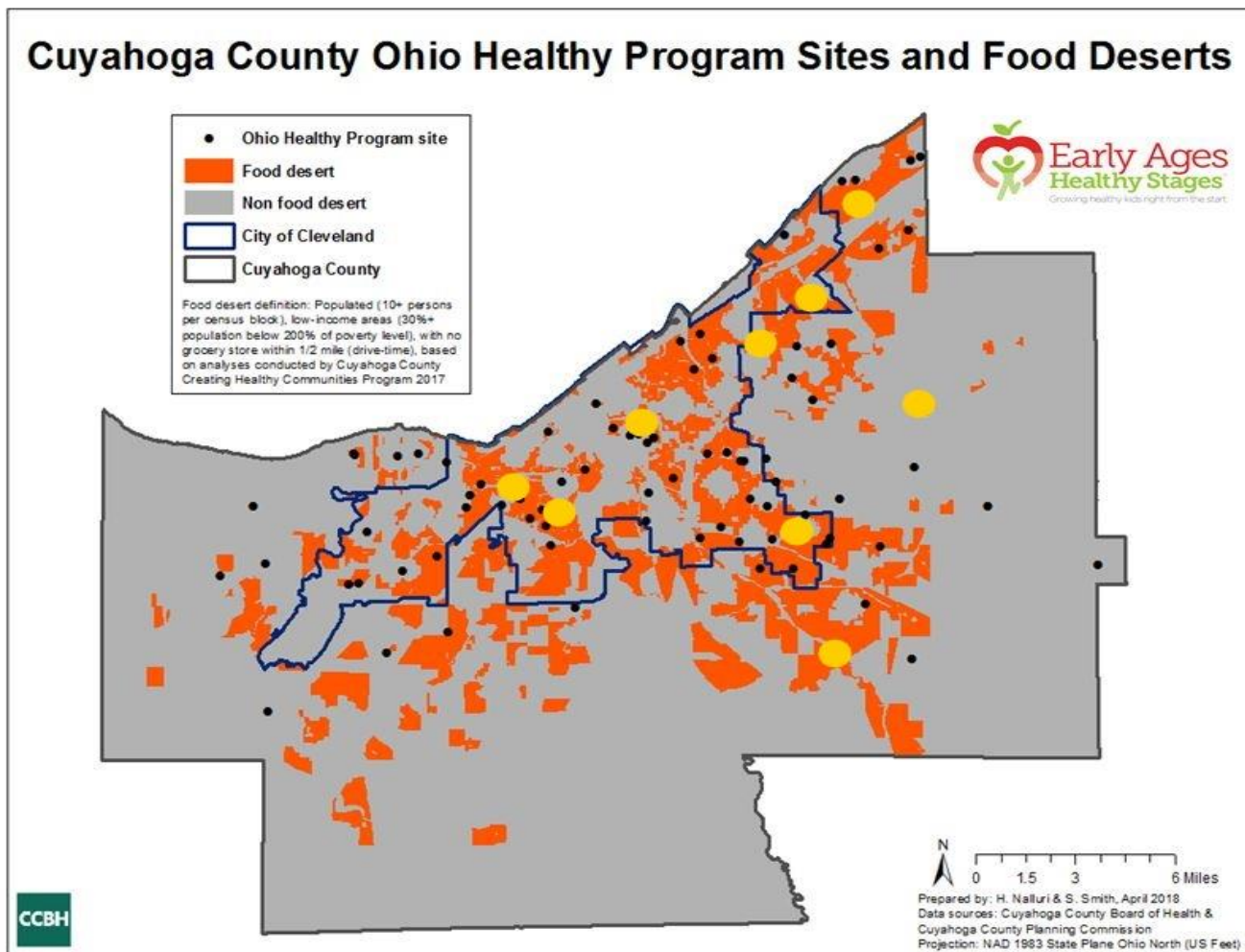


Garden Grant

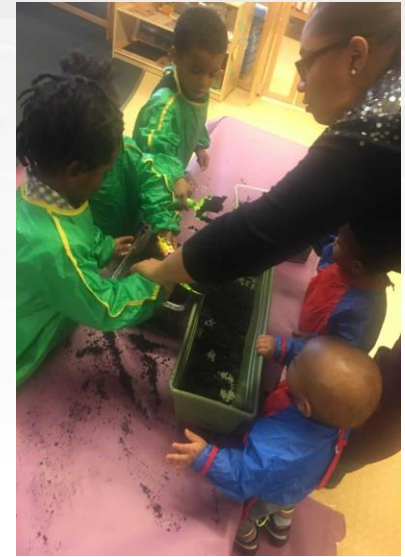
9 Grants Awarded

- Bedford Heights Daycare
- Cassandra Thompson – Sandy's Little Darling Munchkins
- CEOGC George Forbes
- CEOGC Louis Stokes
- Cleveland Childcare Center
- Constance Johnson – Small Wonders
- Education with Imagination
- FUNdamentals
- Horizon- Brooklyn

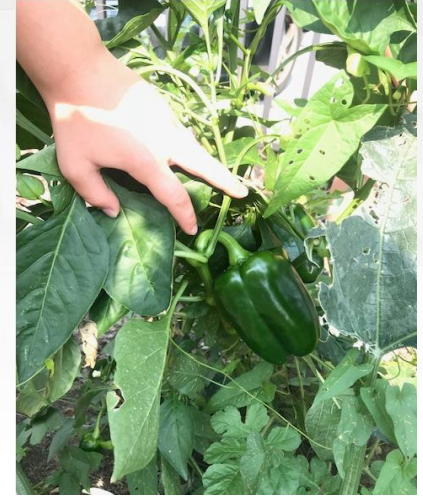
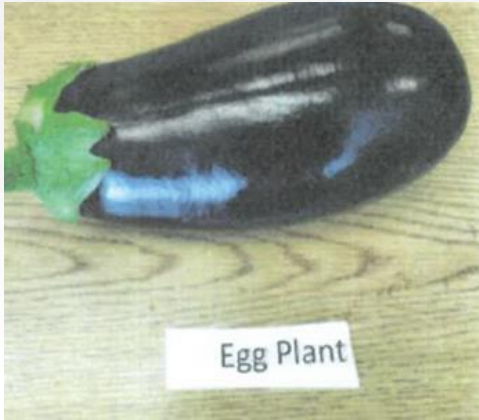
Garden Grant Impact



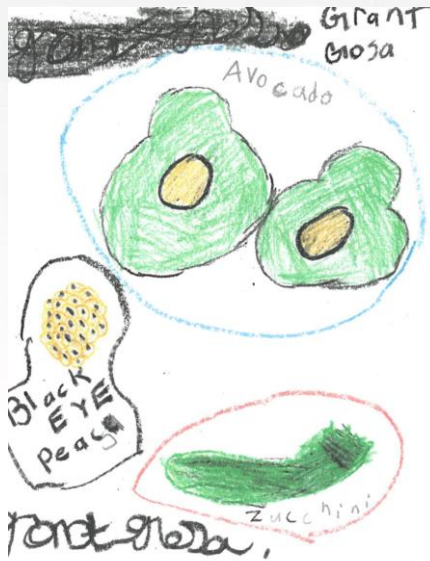
Garden Grant Images



Garden Grant Images



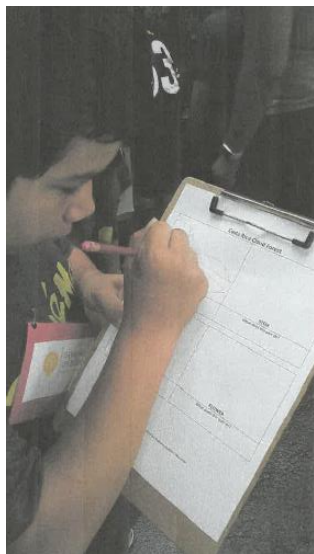
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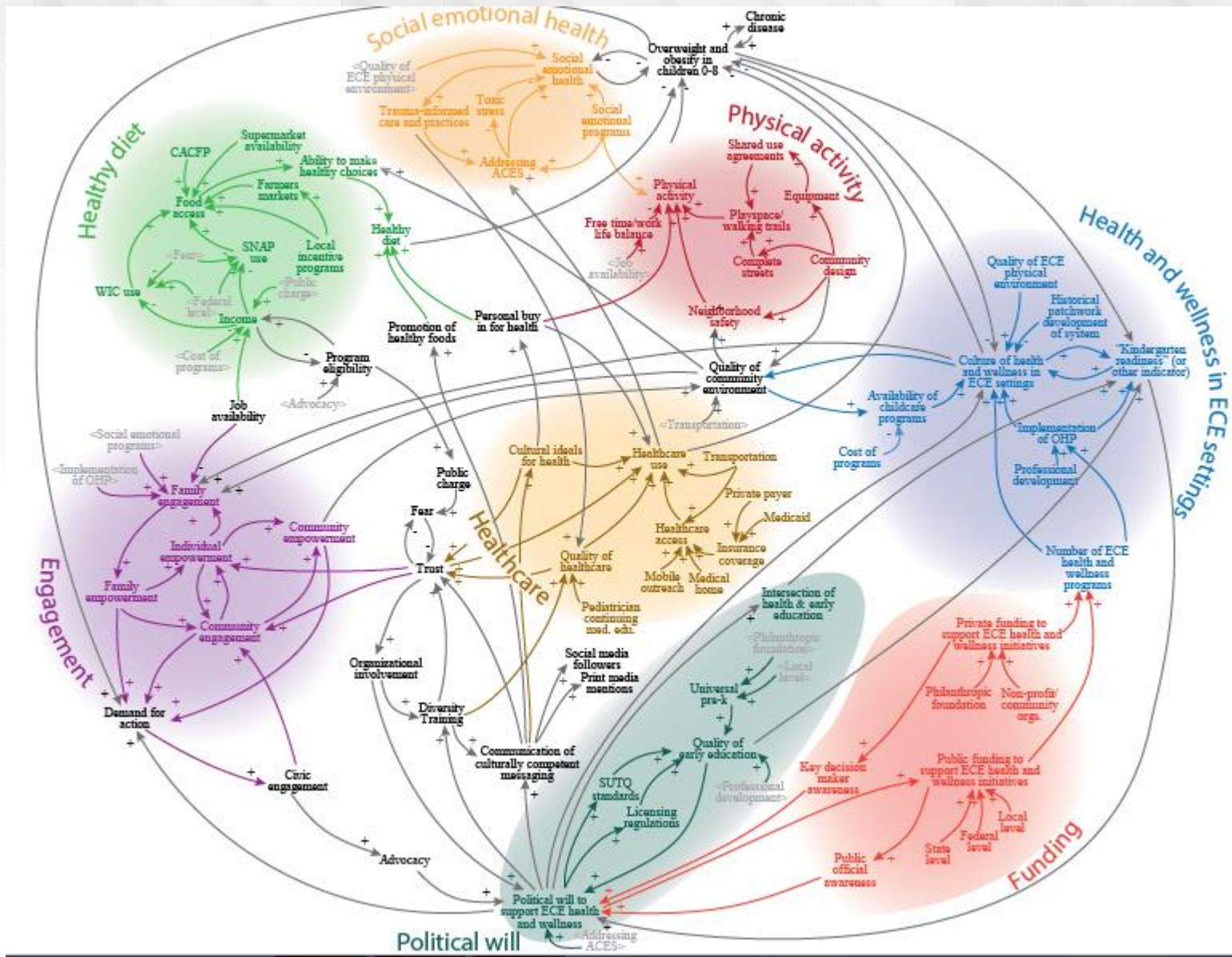


Garden Grant Images



Garden Grant Images





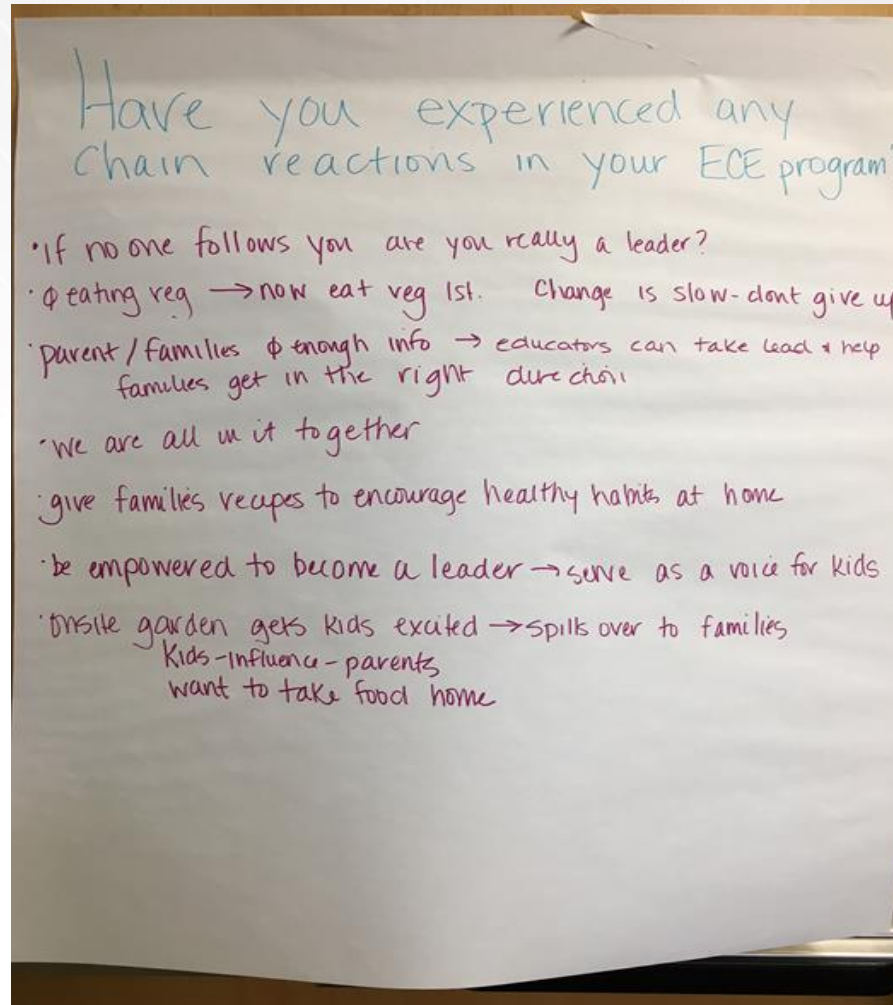
Health Champions

- Cassandra Thompson (ECE Home Provider)
- Cleveland Childcare Center (ECE Center)
- Kiddie City (ECE Center)
- The Music Settlement (ECE Center)
- Education with Imagination (ECE Center)



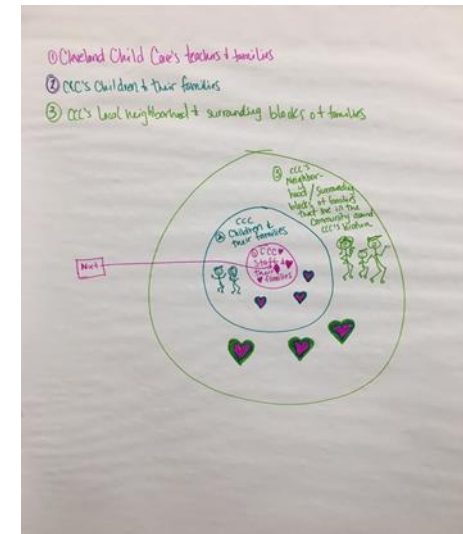
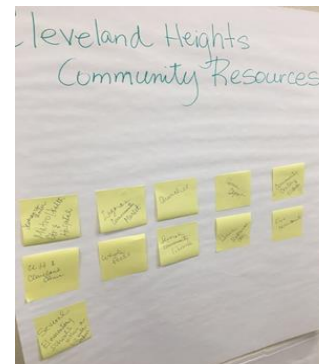
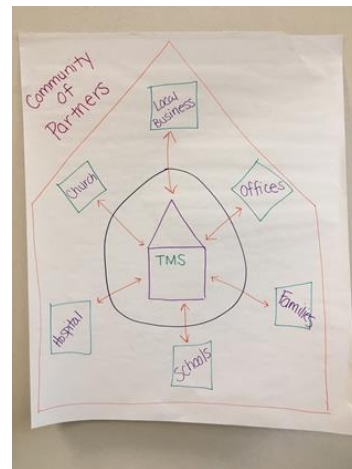
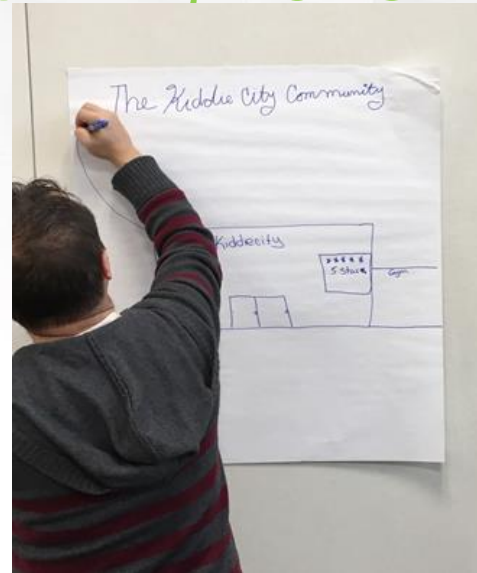
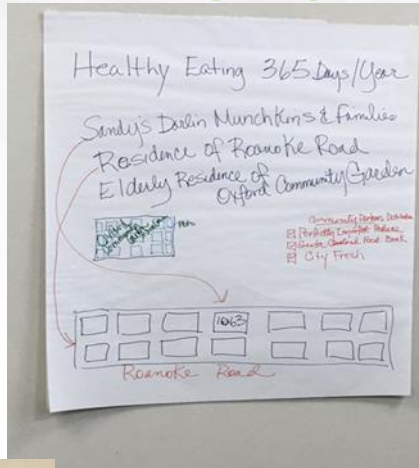
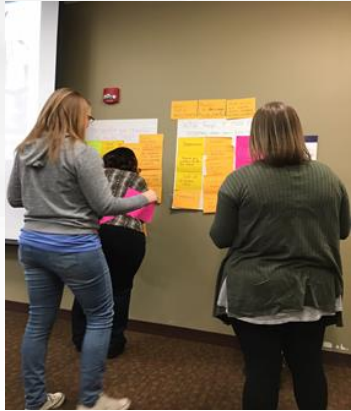
Congratulations!

Health Champions Training



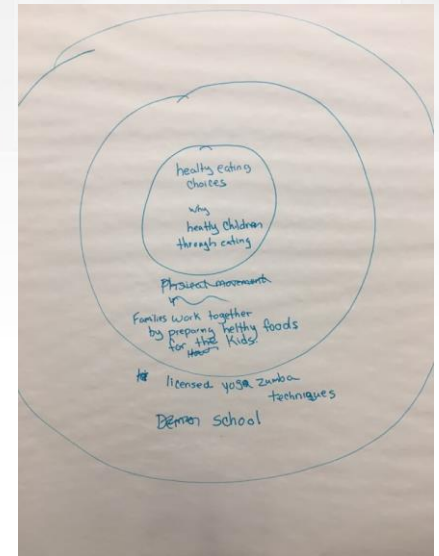
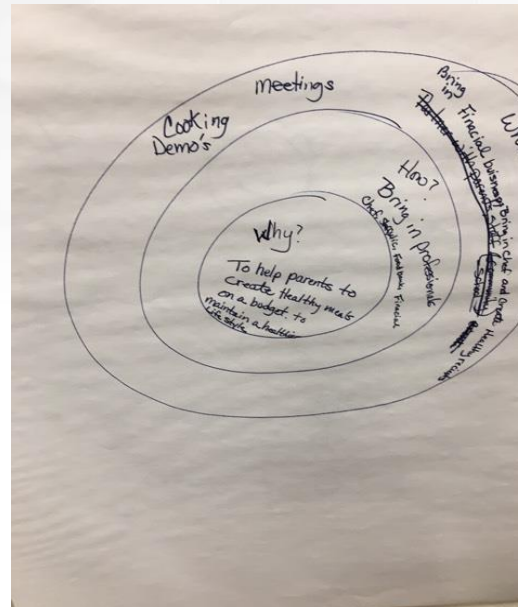
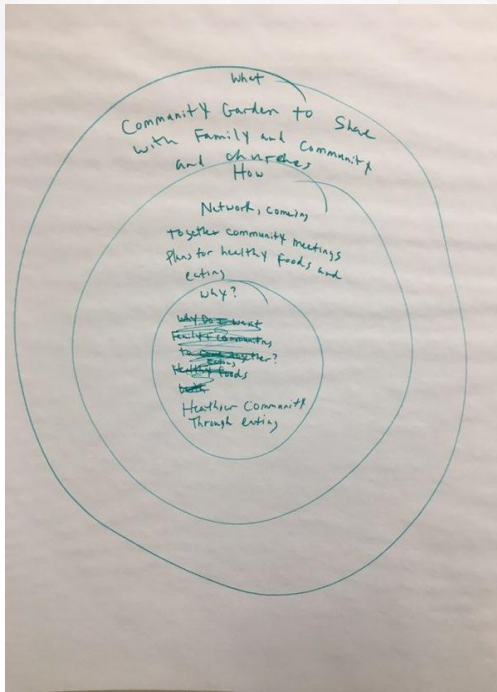
Health Champions Training

November 17, 2018



Health Champions Training

November 17, 2018



Health Champions Project

- **November 17, 2018 6 hrs.**
- **December 10, 2018 2.5 hrs.**
- **January 14, 2019 3 hrs.**
- **January (last week)-additional TA if needed**
- **February - sites will begin implementing projects**
- **TBA: Conduct 3 family engagement events on-site**
- **TBA: Final celebration presentation**

OHP

Training:

- 88 programs participated in OHP training
 - 247 total individuals
 - 121 classroom teachers
 - 75 menu planners
 - 51 directors

OHP

Technical assistance:

- 110 programs received technical assistance
 - 5,545 children impacted
 - 4,591 families reached

OHP

Policies:

- 400 total policies adopted
 - 283 nutrition policies
 - 49 physical activity policies
 - 68 general health policies

OHP

Menu Changes

- 14% increase in whole fruit servings
- 8.4% increase in non-fried vegetables served
- 59.1% increase in whole grains
- 78.9% decrease in fried foods
- 51.3% decrease in juice
- 100% decrease in sugar sweetened cereals, highly processed meats, and sugar dense carbs

OHP

- Family engagement
 - 587 newsletters
 - 899 bulletin boards
 - 458 events
 - 625 take home materials
 - 80 other health focused activities

OHP

- OHP Applications
 - 105 applications submitted
 - 61 first time designees
 - 43 renewals

Incentives

- \$41,250.00 of materials provided to participating sites

EAHS Resource Guide

Do you have a resource or program that could be valuable to the young children and their families, providers, or early childhood organizations? Fill out the form below to be included on our page!

Name of Program or Organization: _____

Sponsor or funder (if applicable): _____

Website URL: _____

Contact Person: _____

Contact Email: _____

Contact Phone Number: _____

Intended Audience (circle all that apply):

Early Care and Education Providers: Family Child Care

Early Care and Education Providers: Centers

Health Care Professionals

Children and Families

Community Professionals

Business Community

General Community

Resource Category (circle one):

Healthy Foods

Healthy Activity

Social Emotional Health

Family Engagement

Health Care Access

Support for Early Care and Education Providers

Brief

Description: _____

In the space above, please briefly describe your ongoing organization or program.

Next Meeting

- Friday, January 11, 2019
TBD
- February-Merrick House
- March-NEON Administration Headquarters
- April-TBA
- May-TBA

THANK YOU!

SEE YOU NEXT YEAR!

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