



**Early Ages  
Healthy Stages**  
Growing healthy kids right from the start.



**March Coalition Meeting**  
**Children's Museum of Cleveland**  
**March 9, 2018**

**Welcome and Introductions**




*Colors, Shapes, Textures, Tastes... there's so much for kids to learn at your local farmer's market that prepares them for kindergarten and beyond!*




**Safe Sleep Presentation**

**Lorrie  
Considine, RN  
Cuyahoga  
County Board  
of Health**



**Good  
Rest  
is Best**

Children need lots of rest to stay active.

**Tufts University Team  
Introduction and Check In**

- EAHS Learning Collaborative Updates
- Julie Appel, MS
  - Senior Project Coordinator
- EAHS Leadership:
  - Alison Patrick, CCBH
  - Jodi Mitchell, JC Health Strategies



### **What advice do you have for ECE programs looking to get more involved in early childhood health and wellness?**

*“Involve yourself. Be the change you desire. Stay away from the notion that the next person will step up. If you want better for the children in your care, be available to make it happen. Take that step whether it is a baby step or a giant leap. Make exercise and food choices a daily conscious lifestyle for the children in your care. The notion will trickle its way down to the family either fast or slow.”*

– Terri Stahl, Cleveland Montessori



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### **EAHS Member Updates**

- REGISTER NOW for Schubert Center 20<sup>th</sup> Anniversary Conference on April 27<sup>th</sup>
  - The event is free, and Camille will be a panelist!
- SAVE THE DATE: Case Western Reserve Public Health Innovations Conference April 19<sup>th</sup> in the morning!
  - Amber Jones, Priya Nalluri and Maryann Salib will all be presenting!



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### **Next meeting: Friday, April 13 from 9:30-12:00 pm**

Cuyahoga County Library- Parma Branch  
6996 Powers Boulevard  
Parma, OH 44129

We will learn more about the Cleveland Black Child Development Institute and plan for National Screen Free Week!



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